November



Lunch @ RED OAK | \$4

Each meal is served with vegetables, fresh seasonal fruit, and a choice of fat free or 1% milk

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|--|--|----------|
| 1 | 2 <i>Parent Conferences</i> Lunch will not be served | З <i>Parent Conferences</i> Lunch will not be served | 4 <i>Parent Conferences</i> Lunch will not be served | 5 <i>Parent Conferences</i> Lunch will not be served | 6 <i>Mexican</i> Bean & Cheese Quesadilla Chips & Salsa Garden Salad | 7 |
| 8 | 9 <i>Pigga</i> Thin Crust Pizza Caesar Salad | 10 Mexican Tacos: Chicken OR Potato Corn on a Cob Garden Salad | ¹¹ Veterans Day NO SCHOOL | 12 <i>Italian</i> Pasta Marinara Garlic Bread Roasted Veggies | 13 <i>All American</i> Grilled Cheese Sandwich Tomato Soup Fresh Veggies w/ Dip | 14 |
| 15 | 16 <i>Pigga</i> Thin Crust Pizza Caesar Salad | 17 <i>Mexican</i> Cheese Quesadilla Chips w/ Black Bean & Corn Salsa Garden Salad | 18 <i>Early Dismissal</i> <i>Mediterranean</i> Hummus & Veggie Wrap Glazed Sweet Potatoes Fresh Veggies w/ Dip | 19 Chinese Honey Sesame Chicken OR Tofu Brown Rice Roasted Broccoli & Carrots | 20 <i>Thanksgiving Feast</i> Mac 'N Cheese Roasted Baby Carrots Crispy Pee Wee Potatoes Pumpkin Pie Bar | 21 |
| 22 | 23 | 24 | 25 Thanksgiving Break | 26 | 27 | 28 |
| 29 | 30 <i>Pigga</i> Thin Crust Pizza Caesar Salad | | | | | |

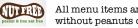


Disclaimen: We are not a gluten-free kitchen and cannot guarantee that any item is completely free of allergens. Please contact the Student Nutrition Department at (818) 735-3203 for further information about gluten-free choices.



Entrée available w/o dairy ingredients. Please ask.

antibiotic free chicken



All menu items are made without peanuts or tree nuts.

Menu items are prepared without meat ingredients unless otherwise specified

Menu is subject to change without notice